Abstract Writing and Effective Project Dissemination

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Neither Dr. Howe nor Dr. Close have anything to disclose

Learning Objectives

At the end of this session, the learner will be able to:

• Describe the 4 PENS abstract submission types
• Creation of a Project
  – Quality Improvement
  – Research
• Construct a draft of an abstract
• Describe how to disseminate your work
Purpose of an Abstract

- Conference places “calls” for abstracts at certain times of year
- Abstracts are a snapshot of a project that you are doing or have completed
- Abstracts are read by independent reviewers
  - Is the work a good match for the Conference or Conference Section?
  - Are instructions followed?
  - Is it a good abstract?
    - Pertinent
    - Well-organized
    - Readable

Purpose of Sharing Your Work

- More than a nurse or NP
- Member of a community that expands knowledge
- Responsibility to share your knowledge and to teach others
- Help more patients than who you see in the clinic
- Make yourself known in the wider neighborhood, city, region, country and international
- Become an expert
Abstracts are Instruments of Persuasion

- Make it interesting
- Provocative
- Point out the lessons to be learned
- Why it is important to your audience

The Beginning

2018 PENS Call for Abstracts for Poster Presentation

- Know your audience
- Know the deadlines
- Check the guidelines
- Word count- do not go over word limit
Writing

- Review abstracts published in Journal of Pediatric Nursing from previous years
- Writing should be clean and clear
- Every word counts
- Create a good title
- Plan to edit

Types of Presentations for PENS

Nursing Research (Poster or Podium Presentation)

- Research abstracts describe an investigation into a clinical issue in order to discover facts, to establish or revise a theory, or to develop or test an intervention based on the data collected.
- General Format
  - Not to exceed 350 words
  - 12-point font size
  - Title—in Title Case
- Body of Abstract (use these headings)
  - Background (brief description of what is known about research question)
  - Aims (purpose of study)
  - Methods (design/study protocol)
  - Results (synopsis of data)
  - Conclusions (summary of findings)
  - Clinical Implications (including relevance to pediatric endocrinology nursing practice)
Abstracts of case presentations are an analysis of a particular clinical case used as a basis for drawing conclusions in similar situations.

- **General Format**
  - Not to exceed 350 words
  - 12-point font size
  - Title—in Title Case
- **Body of Abstract (use these headings)**
  - Patient Demographics
  - Clinical Presentation
  - Relevant Past History (may include relevant family history)
  - Evaluation (studies/assessment)
  - Interventions (physiologic or psychosocial)
  - Discussion/Recommendations (including relevance to pediatric endocrinology nursing practice)

Informational posters are developed for the benefit of imparting specific knowledge concerning a topic of interest.

- **General Format**
  - Not to exceed 350 words
  - 12-point font size
  - Title—in Title Case
- **Body of Abstract (use these headings)**
  - Background
  - Purpose
  - Description of topic (e.g., disorder, research or clinical practice methodology, nursing intervention, project, or resource evaluation [may include a literature review])
  - Clinical Implications (including relevance to pediatric endocrinology nursing practice)

Product-based research abstracts are authored by industry representatives, or are commercially sponsored, to disseminate research related to products relevant to the pediatric endocrinology nursing community.

- **General Format**
  - Not to exceed 350 words
  - 12-point font size
  - Title—in Title Case
- **Body of Abstract (use these headings)**
  - Background (brief description of what is known about research question)
  - Aims (purpose of study)
  - Methods (design/study protocol)
  - Results (synopsis of data)
  - Conclusions (summary of findings)
  - Clinical Implications (including relevance to pediatric endocrinology nursing practice)
General Information About Creating a Scientific Poster

Scientific Posters are a means to convey the content of a finished paper, preliminary results, or a project in-progress, among others.

- Snapshot of your work.
- Visually interesting
- Capture a viewers’ attention in less than a minute.
- Explain your project in 2-3 minutes.
- A poster needs to have fonts large enough to read at a distance of 3 feet

End with a Ka-POW

- Summarize your case in the context of what is known about cases like it.
- Use you case as a backdrop for how your discussion of it lead to important conclusions.
- Has knowledge of this case caused you to change practice or the way you might evaluate the next case

Abstract Gestalt

- Make it logical
- Readable
- Interesting
- Persuasive
Abstract Begins Dissemination

- Read by Reviewers
- Selected as Poster or Platform Presentation
- Abstract is listed or published in Program
- Sometimes Abstracts are published in Journals (such as JPN)
- Build a manuscript from the abstract
- Submit to a journal
- Dissemination

Your Work, Observations & Science

- Reaches beyond the individual patient
- Helps groups of condition categories or common practice problems
- Creates impact
- Builds the body of evidence that changes health care for the better

Let’s Hear Your Ideas!